

NEWS & EVENTS



Circles of Learning

Warm yourself up this Winter

Have you ever seen young children and teenagers running around in winter wearing a t-shirt, whilst you are rugged up in warm winter woollies and still feeling cold. Well, some children get it just right. They know how to sustain that inner warmth and here are some of the ways you can do it for yourself and for others in your family who 'feel the cold'. To discover how, [Click here](#).



Fantastic Fruit, Nut and Seed Muesli Bars

This delicious Muesli Bar will please even the 'pickiest' eaters in your family. A great snack, good for the school lunch box and a super treat at any time. With all healthy ingredients, you can eat this bar knowing you are feeding your body well. [Click here](#) for the recipe

We are all Creative

Cold and rainy days can bring out the creative side of all of us. Turn off the television, the computers and unleash your child's creativity. By trying some of these fun suggestions to express that creative side that exists in all of us, you will help your child develop their imagination and you can have some fun too. For creative tips [click here](#)

Keep up to date with the Digital Age

Our creative guru has developed a wonderful blog to educate the 50+yrs about the digital world, so that grand- parents can stay in touch with their children and grandchildren. In today's world it is easy to feel 'left out' of the communication and this blog, www.thedigitalage.net helps you to manoeuvre through digital media and keep in regular communication with your family.

It is easy to understand and it has certainly helped me to get my head around digital media, Twitter, Skype, Airbnb and free mobile apps. Plus this blog is filled with inspirational stories about cool people over 50 and those who love life, regardless of age. Get into the digital age now [Click here](#).



August Diary

Australian Garden Show

5-8th September 2013, Centennial Park

This 4 day event is a first for Sydney. Here you can gain cutting edge information, learn from leading experts and be in a sustainable kitchen.

Join Circles of Learning. Live at Sustainability Talks on Thurs 5th Sept at 11.30, Fri 6th Sept at 11.14am and Sun 8th Sept at 12.45.

You can discover how the Garden Circle gives children a healthy start and strong foundation for learning. For tickets [click here](#)

*Warm wishes,
Judith*



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LIVE at "Sustainability Talks"

Talk Title: "The Garden Circle for Parents and Children and Seniors"

LIVE at the following times/ dates: Thursday 5th Sept: 11:30AM, Friday 6th Sept: 11:15AM and Sunday 8th Sept: 12:45PM

You will discover how the Garden Circle gives children a good start for a healthy life and a strong foundation for learning and see a demonstration on how the Garden Circle is a very active hand's on program for parents to work together with their children. The Garden Circle program is presented in a format for children to understand and parents to find informative. The program is structured using the core essentials that develop a healthy body and mind. Learn more [click here](#)

Play with Purpose at the Garden Circle



Keeping your child healthy is a full time occupation and the purpose of the Garden Circle is to make your job easier. When busy parents can come to the Garden Circle with their children, they gain the benefits of being in the natural world too. The environment is relaxing, the planting, watering and picking is fun and the activities help activate your creativity.

The Garden Circle has profound benefits on the physical, mental and social development of children. For more information [click here](#) [Contact us](#) for your closest Garden Circle

The Clever Kid Health and Play Program For Schools and Pre-Schools



Sowing the Seeds for an Amazing Life

Two programs that develop a wonder and appreciation of the natural world.

Children's emotional intelligence is heightened through this multi-sensory, hands on 9 week program. Nature provides the environment and the programs enhance the physical, mental and social development of the children.

The programs take place around a vegetable garden, building a strong sense of community and co-operation and giving the children a strong foundation for learning. For ease of implementation, the Pre-School program and the School programs are linked to the relative curriculums.



For more information [click here](#)
[Contact us](#) to find out how you can receive the Clever Kid Health & Play Program



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