



Circles of Learning

Education Health Environment Community Creativity

Circles of Learning is a non-profit charity organisation, (established 1999) partnering with families, schools and communities to address the need for practical solutions to children's health and learning.

Circles of Learning brings natural solutions for children to learn skills and techniques to be able to focus and concentrate, to calm behaviour, to build self esteem and improve learning abilities.

Programs help to overcome and prevent many symptoms in children labelled as having Attention Deficit Disorder (ADD), Hyperactivity, Oppositional Defiance Disorder, Dyslexia, Autism and Obsessive Compulsive Disorder.

Circles of Learning

- ☼ Nurtures the development of healthy, happy children to be able to achieve their full learning potential
- ☼ Guides children into a cohesive brain state ready for learning.
- ☼ Releases children from the effects of environmental, emotional and mental stress.
- ☼ Educates and empowers families to eat organic, nutritious foods and maintain peak hydration for optimum brain power and energetic health.
- ☼ Encourages children to play and move their bodies to release stress, oxygenate the brain and balance energy levels.
- ☼ Supports children and the community to **love life, love your body, love your brain and love the joy of learning.**

What works at Circles of Learning is our nurturing, collaborative approach aimed at



helping your child's natural potential and talents to come forward.

Our core formula links the basic building blocks of life with the latest practises in whole brain learning.

We design workshops and programs deliver practical skills that combine whole brain learning, nature, play, creativity, movement and nutrition to align and balance your child's body and mind.





***Children who miss
play and touch have
20-50% smaller
brains.***

Bruce Perry

'Secrets to Academic Success'

Love life, love your body, love your brain and love the joy of learning

Central to our approach is the inclusion of the whole family and the community in children's lives, empowering everyone with the knowledge and experience to guide and support. We believe in self-sufficient communities able to nurture and balance each other.

Contact Circles of Learning if you aspire to:

- ⊗ Children enjoying optimal health.
- ⊗ Seeing children engage socially with high self esteem and positive communication.
- ⊗ Children reaching their full learning potential and feeling confident about their future.
- ⊗ Having solid tools and relevant knowledge to guide children into a bright and confident future.

Monthly newsletters from Circles of Learning keep you updated on news and current events, books and products and articles, together with handy hints for children's wellbeing.



The Clever Child Health & Play Program is available to schools for

K– Yr2. Through developmental play and a vegetable garden, children connect to nature, learn about healthy foods, reduce stress, build self esteem and develop care and co-operation.

The Clever Child Health & Play Program links the growth and nurturing of plants to the growth and nurturing of the child. Reading, writing and personal relationships improve.

We invite you to discover how Circles of Learning can help your children, your school and Community, offset and manage the many learning and behavioural challenges faced by children today.

Donations to Circles of learning to help support children are fully tax deductible.

Contact

www.circlesoflearning.org.au or call us on 02 9327 7750 or email at info@circlesoflearning.org.au



**Circles
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