

# NEWS & EVENTS



## Circles of Learning

*If you have a car* you'll probably have

experienced the results of feeding it lower quality oil or petrol. The same goes for your body and the food you choose to fuel with, yet many people give little thought to the quality of their food and whether they are achieving optimal health through nutrition. Why do some give more attention to their cars than their body?

The facts around the superiority of organic fresh foods are clear. From the use of pesticides to the welfare of animals and sustainability of the environment, the choices to go organic are personal and varied. Here, we look at how eliminating chemicals from our children's diet plays a significant role in improving their health and wellbeing, and offset conditions such as ADD, ADHD and Autism. Surprised? You will be... Read more of this article, [Why you need to choose organic.](#)

Also in our **Articles** section this month we've acknowledged a social disease rife amongst youth worldwide—drug taking. This article offers very practical, achievable solutions to the problem, and provides a very insightful read. Read the full article [here](#).

Last month we were proud to host the launch of **The Last Dragonfly**, John Levine's latest CD. The evening was a great success and we took a few shots for the archives (see right). You can still purchase the CD and listen to samples of *The Last Dragonfly* [here](#). Interested in working at Alphamusic? John is looking for someone honest, positive, reliable and accurate who cares about quality customer service to post out his CDs. If you have:

- \* a working PC, broadband internet connection and email address
- \* available storage for the CDs
- \* black & white printer, landline phone and weigh scales between 50g and 10kg

please contact John at [customer.service@alphamusic.org](mailto:customer.service@alphamusic.org) for information. You need to be an Australian resident living in Sydney, Australia.

Please forward this newsletter on to your friends and encourage them to sign up to receive their own copy. They can follow [this link](#) to leave their name and email address, and know that their privacy is fiercely protected by Circles of Learning. Besides, we don't want to share you with anyone else!

*Best wishes, Judith*

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### June Diary

**8th** final day of the primary school term for NT.

**15th** term two begins in TAS primary schools.

**25th** final day of the primary school term for VIC and QLD.

### July Diary

**2nd** final day of the school term for NSW, WA, SA, ACT

### 5th-8th & 12th-15th

Discover Balance Workshops; Sydney & Melbourne; Early bird \$250 by June 18th. [Book here.](#)

