

NEWS & EVENTS



Circles of Learning

The celebrating continues...

Last month saw Edward de Bono, Dr Shelley Sykes, Rob Salisbury and myself enjoy a packed crowd at "Think before you speak". We each presented on our areas of expertise; to read the full speech on *Balancing stress and improving the learning process* please [follow this link](#). A short excerpt is below.

Approximately 25% of our children leave school without full reading and writing capabilities. This figure grows every year and over the years we have seen increased numbers of children embarking on school life with poor brain function and learning disabilities... Drugs such as Ritalin and amphetamines do not improve a child's mind; they simply mask the symptoms and dull the brain.

In order to optimise the mind, a return serving the human body naturally and gently is the only path. Nourishing and nurturing the brain, coupled with movement, can greatly optimise brain function.

*The answers are simple: love, oxygen, water, healthy living foods, exercise, meditation and play. It is a simple formula and **easier to implement than you think**. [Read more...](#)*

In the **Product** section we're excited to include the [Alphamusic](#) of pioneer John Levine. [Alphamusic](#) gently guides the brain into an Alpha state—the state in which we meditate. The healing benefits of a brain in Alpha state are well documented and John's music is calming children and adults, in the home and in schools around the globe. John's latest gift is *The Last Dragonfly*—a powerful musical calmative for anger. It's John's relationship with his own son which inspired this incredible aid, and on which the two collaborated. Hear the results for yourself: [click this link](#) to listen to a sample and purchase John's music.

Join us to celebrate the launch of *The Last Dragonfly*

Circles of Learning is proud to host the international release of *The Last Dragonfly*. Join us at 5.30pm on May 11th in the beautiful surrounds of Levery Health, Level 1 38-40 Bronte Road, Bondi Junction.

This month in our **Articles** section we've included an alarming piece on [Psychiatric drugging of infants and toddlers in the US](#). *The use of powerful anti-psychotics with privately insured children, aged 2 through 5 in the US, doubled between 1999 and 2007*. Read the full article [here](#).

Looking forward to seeing you on the 11th for *The Last Dragonfly* launch!!

Best wishes, Judith

May Diary

May 1-2 Discover Balance Workshop; Coogee, Sydney. \$125. [Book here](#).

May 11 [The Last Dragonfly](#) CD launch. Circles of Learning host a night of insight, experience and celebration. Levery Health, Level 1 38-40 Bronte Road, Bondi Junction; 5.30-7.30pm.

May 11 Quest for Life Online Seminar—Your Life Matters with Petrea King, 8-9pm. Follow [this link](#) for booking.

May 12 Quest for Life free information evening; Kirribilli Neighbourhood Centre, 16-18 Fitzroy St.



John and Jakub Levine



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Clever Kid Health & Play Program



Clever Kid has launched in several schools across Sydney in term two and with recent rains school gardens enjoy some much needed hydration.

Clever Kid is kindly supported by UPS and the Cross City Tunnel—that means schools enjoy the program FREE. And how much do we love free things! A host of schools across Sydney are delighted to receive their own program, which they can use repeatedly, offering excellent and ongoing value.



We're giving it away!

There's still room to include a few more schools in the sponsored allocation for 2010. Check with your local primary school to make sure Clever Kid becomes part of their curriculum next term. To make it easy for them, download the brochure, forward them the [web address](#), or ask them to [contact us](#). And remind them, it's FREE!



Kidz in harmony

Within a fun, safe and nurturing environment parents and children learn, explore and grow through singing, movement and playing instruments. Our music program takes a child-centered approach in which the many needs of your child are considered. Your child's physical, emotional, cognitive, language and social skills will be developed through experiencing different musical activities.

We believe that sharing music together provides the perfect platform in which to strengthen and foster the bond between you and your child.

Our Facilitators

Lisa and Catherine are trained musicians and registered music therapists. They both play a variety of instruments, have experience using music in early childhood settings, have worked with music in an educational context and, importantly are *passionate* about sharing their love of music.

Our sessions

- are for 0-5 year olds
- run in 10 week terms, for 45 minutes
- are conducted by two facilitators who use live music
- include movement, singing, instrument playing and are lots of FUN!
- use music to enhance listening and language skills, and social and fine/gross motor skills
- provide opportunities for early musical appreciation and creativity
- take place in a specially designed music room in Bellevue Hill



To enrol phone Catherine on 0414 323 875; Lisa on 0421 064 702 or email admin@kidzinharmony.com.au.