

NEWS & EVENTS



Circles of Learning

Direct experience in nature is critical for children's development

Nature is important to children's development in every major way— intellectually, emotionally, socially, spiritually, and physically. Exposure to nature is diminishing in today's children and many of them have become sedentary or develop ADD and/or challenging behaviours.

When you expose children to long periods in nature, their behaviour changes, their imagination is stimulated, they become enthusiastic and engaged in life. Major research show a 27% gain in motivation to learn, class room behaviour, gains in self esteem and enhanced co-operation. [Click here](#) to learn more



June Diary

Winter Walks

Check in with your local council to find the wonderful walks available. Coastal walks, bush walks, beach walks, winter is the most wonderful time to rug up, put your boots on and take the whole family to walk around our beautiful land.

Gather friends, take a picnic and the whole family will appreciate a beautiful day in nature.

Have Fun

Champion Leaders



Meet two of our wonderful Champion Leaders. These are the people who give their time each week to bring you the Garden Circle.

Both Hellen and Juliette are passionate gardeners and love sharing their knowledge and experience with parents and children in the community gardens. Hellen heads up the Bondi Junction Garden Circle and Juliette is currently



running the Woollahra Garden Circle. Come to the Gardens with your children and discover the joys of being in nature and give your children a great start to life. To learn more about our Champion leaders [click here](#)

Mid Winter without the Blues



Suddenly it is June and the year is half over— and before the month is over we will be on our way to summer and longer days! Our intention this year was to give many more children the opportunity of being brighter, smarter and with higher sensory based intelligence through spending time outdoors in nature.

Join us on this venture and ask us how you can receive our nature based programs for schools, pre-schools and in community gardens. [Click here](#) to contact us



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Warm wishes,
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