



SIMPLY SCRUMPTIOUS cooking classes

Join well known pioneer of wholefoods cuisine, author, chef & food coach Marcea Klein for a delightful cooking class experience.

Bring new levels of health, pleasure and vitality to your life by learning how to cook delicious wholefoods quickly and easily at home. Have fun, impress your friends and save money!

Creative Cuisine with a Wholefoods Twist
Saturday August 27

Oodles of Noodles
Sunday September 18

Entertaining with Moroccan African Cuisine
Saturday October 15

30 minute Healthy Meals
Saturday October 29

Asian Fusion
Saturday November 12

All classes: 10.30am - 1.30pm
Cost: \$90 each class

- * Each class includes tastings & organic wine
- ** Gluten Free options upon request
- *** Organic seasonal produce where possible

**Nature Care Wholistic and Medical
Centre**
114 Alexander St, Crows Nest 2065

Book Now!
Call Marcea 0410 511 682 or
email marcea@marceaklein.com
www.marceaklein.com

