

NEWS & EVENTS



Circles of Learning

100% Pure Essential Oils have a profound positive effect on Physical & Emotional Well being

When your child is 'high energy', doesn't sleep well, has learning difficulties, or is diagnosed with ADD or ADHD, and offered drugs as a 'solution', it's important to know that you have choices.



All Oils are not the same and it is important to seek out the 100% pure, natural therapeutic grade essential oils.

Essential oils can be used topically, inhaled or diffused. With young children, the safest place to apply essential oils is on the soles of the feet. Some oils may also be applied to throat, wrists, chest or the base of the neck. Cold air diffusers such as the Home Diffuser are recommended (pictured) rather than burners or diffusers that heat the essential oils.

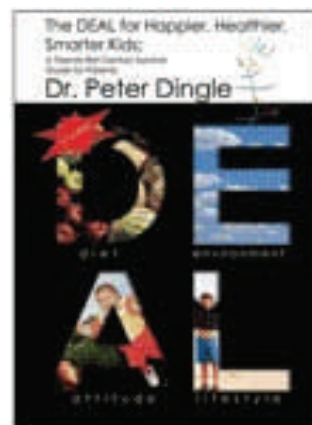
A range of oils are available through Circles of Learning including the excellent Thieves for personal care and cleaning surfaces. Learn more about the Young Living Essential Oils, [Click here](#)

Dr. Peter Dingle, DEAL for Happier, Healthier, Smarter Kids

A guide for Parents for Twenty-first Century Survival. Dr. Peter Dingle is one of Australia's foremost writers on wellness and how to live a chemical free lifestyle for the sake of your health and your children's health.

Dr. Dingle covers the conditioning of the brain and how our thinking affects our life. Plus what we eat, digest and absorb and the issues around the environment and chemicals that affect emotional and physical health. This book provides solutions for changing your lifestyle, to maintain weight control and reduce ADD/ADHD, Asthma, depression, stress and other disorders. When you buy this book you will never want to part with it. It is filled with valuable reference material that you can read at a glance.

[Click here](#) to purchase



May Diary

5 NEW Programs available for After School Care, Vacation Care, and Weekends.

Developed for children aged 5-7yrs, 8-12yrs, 13-16yrs and for adults, each program is based on Learning through Play and contain the core essentials to build mental health and physical wellbeing.

Be the Best You Can Be
Creative Imagination
Believe in Yourself
Food for Thought
Living With Purpose

Programs can be adapted for specific needs of individuals or groups.

[Click here](#) for more information or call 02 9327 7750

Until next month

Warm wishes, Judith



Phone 02 9327 7750

PO Box 928, Double Bay NSW 1360

Email info@circlesoflearning.org.au

Web www.circlesoflearning.org.au

•Clever •Cid Health & Play Program

The Clever Kid program is Program has now been run in over 45 schools with results that show great improvements in reading, writing, concentration and behaviour.

In order for children to learn to their best potential they need to develop a healthy brain. The core essentials required are oxygenation, hydration, nutrition, exercise, sunshine, a connection to nature, developing imagination and a belief in yourself.

These vital elements are incorporated in the Clever Kid Health & Play program assisting children to reach their personal best. [•Clever •Cid](#)



Let your local school know about this.

Cross City Tunnel has donated the program to schools in the East and Inner west, so check with your local primary school to make sure •Clever •Cid becomes part of their curriculum next term. To make it easy for your school, download the [brochure](#), forward the [web address](#) to them, or ask them to [contact us](#). Your school may qualify for a FREE program. We'll provide all the support you need to easily implement the program.

Or, you can let us know the name of your local school and we will contact them.

Donations to Circles of Learning are fully tax deductible

Your financial support is used to support children and develop programs. Each program has a different emphasis and all are based on Learning through Play. [Click here](#) to donate.

If you able to share some of your professional skills with us and would like to be inspirational in improving children's lives opportunities are available to you through Circles of Learning.

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