



Circles of Learning

Education

Health

Environment

Community

Creativity

The Power of Positive Words

Our thoughts and words have a great influence on how we feel about ourselves and others. Children respond to words that give positive encouragement and these will empower them to do well. Negative words usually result in them feeling despondent, unworthy and unable to cope with what is expected of them.

Your subconscious mind works through your thoughts, so have happy and positive thoughts to help ensure a happy positive outcome for yourself and your family.

Instead of using these words... ...use these

- Should Can or could
- You must I would like you to
- Have to I want you to
- I can't I will do my best
- Try Do your best
- Too hard It gets easier with practise
- I can't afford it My money is going on other things
- Can't believe it It's amazing
- Don't forget Please remember
- Don't drop that Hold it carefully
- I'm sick and tired I need to change
- I'm dying to I really want to
- I'm no good at that I can do better
- Bad shot You can do better
- I'm too busy I will make the time
- I can't wait I am looking forward to
- I don't deserve this I am worthy of this
- You are a pain in the neck Your actions could be better
- I am unlucky I deserve better
- Hyperactive Energetic
- You're a daydreamer You're imaginative
- Irritable Sensitive
- Argumentative Independent
- No-one likes me It takes time to make friends
- You're being naughty You can behave better
- You're selfish You need to share more
- I'm no good at ball games I need to practice my ball skills

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